

# KidCareCHIP

Wyoming's Choice for Healthy Kids

## Handbook

*Insurance provided by:*



**BlueCross BlueShield  
of Wyoming**

An independent licensee of the Blue Cross  
and Blue Shield Association

Blue Cross Blue Shield of Wyoming  
P. O. Box 2266  
Cheyenne, WY 82003  
(307) 634-1393  
800-209-9720  
[www.bcbswy.com](http://www.bcbswy.com)



**BlueCross BlueShield  
of Wyoming**

An independent licensee of the  
Blue Cross and Blue Shield Association.

Important Phone Numbers

WHO	Their Number
My Child's Doctor	
My Child's Pharmacy	
Blue Cross Blue Shield of Wyoming (for claims and benefit questions)	1-800-209-9720
Blue Cross Blue Shield of Wyoming Telephone Device for the Deaf (TDD) Line	1-800-696-4710
Hospitalization Approval	1-800-209-9720
Kid Care CHIP Eligibility Questions	1-877-KIDS NOW (543-7669)
Delta Dental Information	1-800-735-3379

The information contained in this handbook is meant to be a brief summary of benefits and is not meant to be used as an actual contract. For further details on exact limitations and restrictions, you should refer to your Subscription Agreement.

Blue Cross Blue Shield of Wyoming  
1-800-209-9720

# Notes

*Remember to bring the Blue Cross Blue Shield of Wyoming Insurance Card to the doctor, the pharmacy and for vision services.*

*Remember to bring the Delta Dental Insurance Card to the dentist.*

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## Resources for Parents

***Best Beginnings:*** (307) 777-7942.

Development of local community health systems regarding the issues of pregnancy and the prenatal period.

***Children's Special Health Services:*** (800) 438-5795.

Provides care coordination, limited financial assistance via fee-for-service provider reimbursement for selected diagnoses, and access to specialty services for children and adolescents with special health care needs within their own communities.

***Children's Mental Health Waiver:*** (307) 777-3352.

Provides non-clinical services to families in need, including family care coordination, limited individualized child training and support (respite) and family training and support (for unpaid care givers). Children ages 4 through 20 years of age with Serious Emotional Disturbance who live in Fremont, Laramie, Natrona, and Teton Counties can apply for the waiver.

***Dental Health Programs:*** (307) 777-7945.

Administration of the semi-annual Cleft Palate Clinic, payment for dental services to the elderly and management of children's dental programs. The program targets efforts toward improving the oral health of Wyoming children and their families.

***Diabetes Prevention & Control Program:*** (307) 777-3579.

Provides leadership and coordination of statewide diabetes prevention and control activities focused on public awareness, provider education, improved patient care, synergistic partnership, and policy development.

***Public Health Nursing (PHN):*** (307) 777-7275.

PHN offices are located throughout the counties in Wyoming, and provide direct services in the areas of communicable disease, prevention, and health promotion; maternal and child health; pre-admission screening for nursing home placement; and home health care for all ages. PHN serves as the local service provider for many departmental programs.

***Women Infants and Children (WIC) Program:*** (307) 777-7494.

One hundred percent federally-funded program that provides a nutritious supplemental food package, nutrition, and breast-feeding education and health referral to pregnant, postpartum, and breast-feeding women; infants; and children up to age five whose incomes fall at or below 185% of poverty and who exhibit a nutrition-related health risk. Services to an average of 11,500 clients per month are provided through 17 local WIC offices serving 37 Wyoming communities.



## Dental Care continued...

### *What's Not Covered (Exclusions)*

Delta Dental **excludes** the following services:

- ♦ Services before Kid Care CHIP coverage begins.
- ♦ Any procedure which is covered by medical, automobile or liability coverage must be submitted to that carrier first and any balance not paid, up to the amount allowed by Delta Dental will be paid.
- ♦ Services in excess of any limitation specified in the list of "**Covered Dental Services**".
- ♦ Dental or surgical procedures performed to correct congenital, developmental malformation, acquired malformation or for cosmetic reasons.
- ♦ Diet planning or training in oral hygiene or preventive care.
- ♦ Replacement of a Prosthesis.
- ♦ Replacement of a lost, stolen or broken appliance.
- ♦ Splinting (the joining of teeth to support each other) for periodontal reasons (stabilization) by crowns or other means. Splinting for stabilization due to an accident or injury is a covered benefit.
- ♦ Any procedure which: (1) is for the purpose of changing vertical dimension; or (2) relates to bite registration, bite analysis, or the correction of the bite; or (3) is for replacing tooth structure lost as a result of abrasion or attrition; or (4) is for equilibration or restorations for malalignment of the teeth; or (5) gnathologic recordings.
- ♦ Implants or standard appliances, either fixed or removable.
- ♦ Cosmetic dentistry, acid etch, laminates, bite guards, athletic mouthguards, precision or semi-precision attachments.
- ♦ Treatment of Temporomandibular Joint Dysfunction (TMJ).
- ♦ Pre-medication, analgesia or general anesthesia.
- ♦ Costs incurred for failure to keep a scheduled visit with a Dentist or for completing insurance forms.
- ♦ Services for which participant has or had a right to payment under: (1) a workers' compensation or similar law; or (2) a program of a government or plan established by law, except: (a) Medicare; (b) Medicaid; (c) the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS); and (d) where the law does not permit this type of exclusion.
- ♦ Orthodontic services.
- ♦ Sterilization Preparation, Infection Control, and Operatory Preparation and Sepsis Control are considered part of all procedures.
- ♦ Periodontics (treatment of gums).
- ♦ Surgical and anesthesia procedures involved in removal or care of teeth are NOT a benefit when performed in a Surgery Center or Hospital, for children age 6-18.
- ♦ Prescription drugs and relative analgesia.
- ♦ Charges for hospital services or hypnosis.
- ♦ Surgical extractions; or surgical procedures involved in the removal of teeth.
- ♦ The Kid Care CHIP Program shall not be obligated to pay claims submitted more than twelve (12) months after the date of the service.

*Please refer to the Dental Benefits book or call Delta Dental at (307) 632-3313 or 1-800-735-3379 Monday through Thursday 8:00 a.m. - 5:00 p.m. and Friday 8:00 a.m. - 4:00 p.m. for any questions regarding this dental plan.*

## Introduction

*Welcome!*

Kid Care CHIP (Children's Health Insurance Program) is a partnership between Blue Cross Blue Shield of Wyoming, physicians, hospitals, and other health care providers and the State of Wyoming Department of Health. Kid Care CHIP provides health, dental and vision insurance for Wyoming's children who do not have any other insurance. Together we provide your child personal, coordinated health care at an affordable price.

## The Kid Care CHIP Provider Network

Kid Care CHIP Providers are a network of doctors, hospitals, and other health care providers who have agreed to participate with Blue Cross Blue Shield of Wyoming to provide medical care and supplies. The network includes participating physicians, hospitals, and other health care providers who are directly involved in coordinating your child's health care.

Kid Care CHIP is designed to provide complete health care in the most appropriate and cost-effective setting. The program was made to keep your child healthy, and not just to treat illnesses.

A list of Blue Cross Blue Shield of Wyoming Kid Care CHIP Participating Providers is in your packet.

## Telephone Numbers

If you have any questions or concerns about your child's Kid Care CHIP benefits, call Blue Cross Blue Shield of Wyoming between 8:00 a.m. and 5:00 p.m, Monday through Friday.

Other Kid Care CHIP phone numbers that you may need are also listed below.

Blue Cross Blue Shield of Wyoming	1-800-209-9720
Telecommunications Device for the Deaf(TDD)	1-800-696-4710
Limited English (use this number and someone will assist you)	1-800-209-9720
Pre-admission Hospital Approval	1-800-209-9720
Kid Care CHIP Eligibility Questions	1-877-543-7669
Delta Dental Plan of Wyoming	1-800-735-3379

## The Insurance Card

You will get your child's Insurance Card from Blue Cross Blue Shield of Wyoming. You should carry this card with you at all times and give it to the provider when your child needs medical care. This card is also used to get medicine (prescription drugs) and vision services. Information about dental coverage is on the separate Delta Dental Insurance Card. Your child will have 2 cards for the Kid Care CHIP Program, one for Medical Services and Prescriptions, and one for Dental Care.

## If You Move

If you move, please notify Kid Care CHIP at 1-877-543-7669.

# How to Get Medical Care

*Do I have to choose a primary care doctor?*

We strongly encourage you to get a doctor for your child from the Provider Directory that is in your packet.

*What if my child needs special care?*

It is best if all services are authorized by your child’s doctor. If your child needs special care, your child’s doctor will refer you to a specialist. Referrals are not required for special care, including obstetrical and gynecological care (Ob-Gyn), as long as your child sees a Kid Care CHIP participating provider. **Treatment received from a provider who is not in the Kid Care CHIP network will not be covered without prior authorization from Blue Cross Blue Shield of Wyoming.**

If special care is necessary and a doctor in the Provider Directory is not available in your area, you must call Blue Cross Blue Shield of Wyoming at 1-800-209-9720.

*What if my child needs to go to the Emergency Room?*

Emergency visits are covered. You should try to call your child's doctor before going to the Emergency Room. However, if the condition is life-threatening or is a severe physical injury, take your child to the nearest doctor or hospital. All you need to do is present your child's Insurance Card and pay a \$5.00 copayment, unless your child is admitted to the hospital.

You should notify your child’s doctor as soon as possible that your child went to the Emergency Room. If you take your child to the Emergency Room for something that is not a real emergency, you may have to pay for the services you receive. Your child’s doctor should arrange any follow-up care.

*What if my child has to be in the hospital?*

You must call Blue Cross Blue Shield of Wyoming for approval before any hospital stay. When you know ahead of time that your child is going in the hospital, call Blue Cross Blue Shield of Wyoming at 1-800-209-9720. In the case of any emergency, call Blue Cross Blue Shield of Wyoming within 24 hours or by the next working day. If you do not call Blue Cross Blue Shield of Wyoming before a routine hospitalization you may have to pay.

# Questions and Complaints

*Who can I call if I have questions or need more information?*

Call Blue Cross Blue Shield of Wyoming at 1-800-209-9720, Monday through Friday 8:00 a.m. to 5:00 p.m. They will be happy to answer your questions and talk to you about Kid Care CHIP insurance. If you are hearing or speech impaired, you may reach us on our TDD (Telephone Device for the Deaf) line at 1-800-696-4710.

Questions about eligibility for Kid Care CHIP can be answered by calling 1-877-543-7669, Monday through Friday 8:00 a.m. to 5:00 p.m.

*Complaint Resolution Policy*

If you do not agree with a decision made by Blue Cross Blue Shield of Wyoming, you may call them at 1-800-209-9720. You may ask questions, ask for a review of our decisions, or make verbal complaints. Your question will be answered within 10 working days. Hearing or speech impaired persons may use the TDD line at 1-800-696-4710.

# Dental Care

*How does the program work?*

Delta Dental of Wyoming will be providing your child's dental insurance. You must select a **Kid Care CHIP Participating Dentist** to visit. To find a dentist or to see if a dentist is a Kid Care CHIP Participating Dentist, call either the dental office or Delta Dental at (307) 632-3313 or 1-800-735-3379 Monday through Thursday 8:00 a.m. to 5:00 p.m. and Friday 8:00 a.m. to 4:00 p.m. and ask if the dentist you have selected is a Kid Care CHIP Participating Dentist.

At your first visit, tell the dentist that your child is covered by Delta Dental under the Kid Care CHIP plan and show the dentist your child's Delta Dental Insurance Card. Kid Care CHIP will assist in the cost of dental care or treatment. However, the plan does not pay for every procedure that may be needed.

Predetermination or preauthorization of benefits is recommended for all dental care in the amount of \$250 or more.

*What is covered?*

Delta Dental will pay for the following services when you go to a **Kid Care CHIP Participating Dentist** and when necessary and customary, as determined by the standards of generally accepted dental practice. Covered dental services are paid at 100% with \$0 deductible. The maximum benefit per person per benefit year is \$1,000 (July 1 through June 30).

Your child’s preventive and diagnostic services (exams, cleanings, fluoride, space maintainers, sealants and X-rays) are not included in the child’s yearly benefit maximum. All children will have the opportunity to receive two cleanings a year (every 6 months) whether or not they have used up their \$1,000.

*Diagnostic Services - Covered 100%*

- ◆ Diagnostic services include exams and bitewing X-rays that are a benefit once in a six (6) month period (not to exceed two in one year).
- ◆ Full mouth X-rays are a benefit once in a thirty-six (36) month period.

*Preventive Services - Covered 100%*

- ◆ Preventive services include prophylaxis (cleaning) and are a benefit once every six (6) months.
- ◆ Topical fluoride applications are a benefit once every six (6) months (through age 18).
- ◆ Space maintainers are a benefit only to maintain space of primary (baby) teeth once every three (3) years (through age 18).
- ◆ Sealants for participants on posterior (back) permanent teeth are a benefit once in a three (3) year period (through age 18). Teeth must be without caries or restorations, with the occlusal surface intact.

*Basic Services - Maximum benefit \$1,000 per benefit year*

- ◆ Basic services include simple extractions (pulling of teeth) and emergency treatment for relief of pain.
- ◆ Amalgam restorations (silver fillings) on posterior (back) teeth and synthetic restorations (white fillings) on anterior (front) teeth.
- ◆ Sedation, in the dentist office, for children up to the age of 8 years old. Kid Care CHIP may also cover surgi-centers, hospitals, and anesthesia charges when a child is five (5) years of age or under, and requires the use of a surgi-center or hospital for dental related services. See page 11 for additional information.
- ◆ Pulpotomies (children's root canals) and root canals for older children.
- ◆ Stainless steel crowns, stainless steel crowns with resin windows, and prefabricated resin crowns.
- ◆ Full mouth debridement for children age 13 - 18 years old.
- ◆ Gold or porcelain crowns for children age 16 - 18 years old.
- ◆ Partial dentures for children age 16 - 18 years old missing anterior (front) teeth

# What is the Explanation of Benefits (EOB) Letter?

Your "Explanation of Benefits" letter or "EOB" is sent to you after the doctor or provider files a claim for services. Claims are usually filed within a week or two after the visit. Once Blue Cross Blue Shield of Wyoming processes the claim, the EOB letter is sent to you as a record of the claim. This letter tells you what services Blue Cross Blue Shield of Wyoming paid for when your child goes to the doctor, hospital or pharmacy.

**The "EOB" is not a bill.** You do not send any money to Blue Cross Blue Shield of Wyoming. The doctor will bill you for any balances due, such as an unpaid copayment and for any services that were not covered as a benefit under Kid Care CHIP. Many times the doctor's office will collect the copayment at the time of service. You should always pay the copayment as requested.

Things to note:

- ♦ Patient summary: This section shows your child’s name, the name of the provider billing for services, the amount billed, the amount paid by the plan or discounted, and the amount you are responsible for. This can include the copayment and any services that were not covered by Kid Care CHIP. A more detailed breakdown of each charge can be found on the back side of the EOB.
- ♦ Copayments: This section shows the total amount of copayments and other non-covered services that have accumulated by the child and by the family during the benefit year. If the copayment amount reaches \$200 for either one child or the family in total during the benefit year, you will no longer have to pay copayments until the end of the benefit year (June 30th). The copayments begin again each July 1st at the start of the new benefit year. However, you would still be responsible for paying for any non-covered services.

# Questions and Complaints, continued

You may also file a written complaint. To file a written complaint, you must state your problem or ask for a review of the decision in writing to:

Blue Cross Blue Shield of Wyoming  
Member Services Department  
P.O. Box 2266  
Cheyenne, WY 82003

Blue Cross Blue Shield of Wyoming will acknowledge your written complaint within ten (10) days of receipt. You should receive a letter on your complaint within 45 days of receipt.

If you do not agree with a decision by Delta Dental Plan of Wyoming, you may contact them to ask questions, ask for a review of a decision, or make verbal complaints. All inquiries will be answered within ten (10) days. You may also file a written complaint by sending to:

Delta Dental Plan of Wyoming  
P. O. Box 29  
320 West 25th Street, Suite 100  
Cheyenne, WY 82003

If you are not satisfied with Blue Cross Blue Shield of Wyoming's decision about your complaint, you may appeal the decision. Within 45 days of receiving a letter about Blue Cross Blue Shield of Wyoming's decision, you may write your complaint and mail it to the address below:

Kid Care CHIP  
Wyoming Department of Health Fair Hearings  
6101 Yellowstone Road, Suite 210  
Cheyenne, WY 82002

You may also have rights under Wyoming insurance law. For more information about those rights, you may call or write:

Wyoming Insurance Department  
106 East 6th Avenue  
Cheyenne, WY 82002  
1-800-438-5768

## Your Rights

Children enrolled in Kid Care CHIP have a right to:

1. Equal access to services without regard to race, color, sex, national origin, disability or age;
2. A bilingual interpreter, where necessary for effective communication;
3. Auxiliary aids to accommodate a disability;
4. File a complaint if you believe that you were treated in a discriminatory fashion.

If you need additional information regarding these protections, please contact:

Office for Civil Rights  
US Department of Health and Human Services  
Federal Office Building  
1961 Stout Street, Room 1426  
Denver, CO 80294-3538  
Phone Number: 303-844-2024  
FAX: 303-844-2025  
TDD Number: 303-844-3439

Summary of What Is Covered

Children on Kid Care CHIP are not subject to pre-existing condition limitations. That means benefits for covered services are available beginning on the date your child becomes enrolled in Kid Care CHIP.

Some examples of services covered are:

- Doctor, physician or other covered services
- Occupational therapy
- Prescription drugs
- Vision exams
- Hearing exams
- Immunizations
- Outpatient surgery
- Respiratory therapy
- Well child care
- Hospital services
- Lab tests
- Physical therapy
- Speech therapy
- X-rays

If the service you need is not listed here, call Blue Cross Blue Shield of Wyoming at 1-800-209-9720 before receiving the service. Blue Cross Blue Shield of Wyoming and Delta Dental of Wyoming will not pay for services that are not authorized by the Kid Care CHIP program. In the event that a parent/guardian agrees to a non-covered service the parent/guardian is responsible for payment in full to the medical or dental provider.

Vision Services

The Kid Care CHIP program will pay for either glasses OR contact lenses:

- One (1) vision exam for each enrolled child during the benefit year. The benefit year will run from July 1st through June 30th
- One (1) eyeglass frame for each enrolled child during the benefit year up to \$100. If a frame costs more than \$100, you must pay the difference.
- One (1) pair of lenses (except in the case of a prescription change) for each enrolled child during the benefit period.
- Contact lenses and contact lense related services (including contact fitting exams) will be covered up to \$100 per benefit year. If the contact lenses and related services cost more than the \$100 benefit, you must pay the difference.

Children may only have glasses OR contacts. The program will not pay for both. Lasik surgery is NOT a covered benefit under the Kid Care CHIP program and WILL NOT be paid for. You must use a doctor from the Provider Directory.

Optometric services and services for the medical treatment of diseases or injury to the eye by a licensed physician or optometrist working within the scope of his/her license are covered.

Case Management

In the event of a potentially lengthy, high cost medical problem, Blue Cross Blue Shield of Wyoming may be able to recommend medically appropriate, cost effective treatments for you and your child's doctor to consider. A case manager will evaluate your child's condition with your child's doctor.

Examples of illnesses where case management would be valuable are:

- Pregnancy
- Low weight or premature babies
- Severe diabetes
- Cancer
- Chronic illness (e.g. asthma, pneumonia)
- Acute injuries
- Heart problems
- Multiple medical conditions
- Cystic Fibrosis

Responsibilities Under Kid Care CHIP

You and your child's health care provider (doctor or dentist) are a team in protecting your child's health. Your job is to help the provider give your child the best health care. So, keep the following in mind:

- Treat the provider with respect - as you would like to be treated.
- Don't use the emergency room if it's not an emergency. Use the emergency room only for life threatening situations. Don't go there for routine care or just because it's easy.
- Call ahead for an appointment. Health care providers don't have time to see drop-in patients, so please call for an appointment.
- Keep the appointments and be on time. Call the provider ahead of time if you are going to be late or can't keep the appointment. You may have to pay a no-show charge if you don't call and cancel. These charges **won't** be paid by Kid Care CHIP.
- Regular check-ups are an important part of a child's healthy life. The program provides the coverage for exams, screenings, tests and immunizations that are a part of a regular check-up.
- Help the provider get your child's previous medical records or fill out new ones.
- Fully inform the provider about your child's medical problems. Tell the provider the signs of trouble, pain or changes you have noticed. Tell the provider about allergies and unusual health needs. Ask questions. Sometimes it helps to write a list of questions before you go to the appointment. Ask about risks, choices, and costs before treatment is given or drugs are prescribed.
- You should always try to have your child's prescriptions filled at the same pharmacy. The pharmacist can answer questions about prescription drugs and how they work.
- Use generic drugs whenever possible. Generic drugs have been approved by the U.S. Food and Drug Administration to be the same as brand name drugs.
- Get complete directions about all medications, treatments or tests. Write them down, or ask the provider to write them down.
- Pay the provider the copayment (if required) when services are received.
- Take time to decide about having a treatment or procedure before it happens. Carefully consider choices regarding a treatment or procedure. Discuss options with the provider(s). For some procedures, the provider will need time to get Blue Cross Blue Shield of Wyoming approval.
- Don't sign anything you don't understand. Ask questions until you do understand. Consider what will happen if you don't have something done.
- If your child gets other health insurance coverage, call the Kid Care CHIP office right away at 1-877-543-7669.
- Dental health is another important part of good overall health. Regular check-ups and cleanings play an important role in keeping teeth strong and healthy.

How to End Your Kid Care CHIP Insurance

You have the right to request disenrollment. To disenroll your child from Kid Care CHIP call them at 1-877-543-7669.

Certificate of Creditable Coverage

When your child goes off of Kid Care CHIP and becomes eligible for another insurance through an employer, you will be sent a Certificate of Creditable Coverage. Insurance plans often contain a pre-existing waiting period. Pre-existing conditions are injuries or illnesses your child was treated for before they were effective on their policy. The time your child was covered by Kid Care CHIP can be used as a credit towards a pre-existing waiting period. You can get a Certificate of Creditable Coverage by contacting Blue Cross Blue Shield of Wyoming at 1-800-209-9720.

Nondiscrimination Policy

Blue Cross Blue Shield of Wyoming and Kid Care CHIP do not discriminate on the basis of race, color, national origin, age or disability in admission or access to, or treatment or employment in, its programs and activities.

Rights Under Kid Care CHIP

You and your child have the right to:

- ◆ Expect the same quality of medical care that is available to the general public.
- ◆ Be treated politely and with respect by health care providers and their staff.
- ◆ Understand your child's medical condition.
- ◆ Be told about the treatment the doctor advises before it happens.
- ◆ Refuse treatment to the extent of the law.
- ◆ Be told of possible results before accepting or refusing treatment.
- ◆ Talk to the provider and expect that your child's records and conversations are kept confidential.
- ◆ Choose your child's provider from the Blue Cross Blue Shield of Wyoming Kid Care CHIP Provider Directory.
- ◆ Make a complaint about Kid Care CHIP and receive an answer.
- ◆ Understand how Kid Care CHIP works.
- ◆ Know what medical services are covered by Kid Care CHIP.

What You Have To Pay

Kid Care CHIP providers will not bill you for covered charges other than what you have to pay (copayments). Native Americans and Alaskan Natives are exempt from all copayments per federal law. Your child’s Insurance Card says if you will pay a copayment.

For some families, the following copayments apply:

Service	Copayment
Inpatient Hospital (includes) Semi-private room Nursing Operating Room X-ray	\$0
Outpatient Hospital Services	\$5 per visit
Ambulatory Surgical Centers	\$5 per visit
Emergency Room Visit	\$5 per visit unless you stay overnight
Office Visits for: Accidents Illness Mental Health Substance Abuse	\$5 per office visit
Laboratory	\$0
Well Child/Adolescent Checks Well Baby Immunizations	\$0
Prescription Drugs	\$3 generic drugs \$5 brand name drugs

NOTE: The total of copayments for the benefit year will not exceed \$200 per family. Once the family has paid \$200 in payments, no additional copayments will be required until the start of the next benefit year. The benefit year will run from July 1st through June 30th.

Emergency Care & Urgent Care Services

Kid Care CHIP will pay for all medically necessary care your child gets from Kid Care CHIP providers. Kid Care CHIP will provide a benefit for emergency care and urgent care **if** you follow the rules below.

EMERGENCY CARE

If your child needs emergency care go to the nearest doctor or hospital. Your child may need emergency care if their condition is severe, if they have severe pain, or if they need immediate medical attention to prevent any of the following:

- ♦ Serious jeopardy to your child’s health;
- ♦ Serious jeopardy to your child’s bodily functions;
- ♦ Serious jeopardy to a body organ or part.

You should notify the primary care doctor as soon as possible that your child is receiving emergency care. If the Emergency Room is used for something that is not a real emergency, you may have to pay for the services that your child has received. Your child’s doctor should arrange any follow-up care.

URGENT CARE

Some situations require prompt medical attention although they are not emergencies. In these situations, call your child’s doctor and describe the situation. He or she will then help direct your care. Examples include, but are not limited to:

- ♦ Sprains
- ♦ Nonsevere bleeding
- ♦ Sore throats
- ♦ Ear aches

Unless you get approval from Blue Cross Blue Shield of Wyoming, your child must receive urgent care from a doctor in the Provider Directory. **IF YOUR CHILD RECEIVES SERVICES FROM NON-KID CARE CHIP PROVIDERS, YOU MAY HAVE TO PAY FOR THEM.**

WHAT IF YOU ARE OUT OF TOWN OR OUT OF STATE?

The rules about emergency and urgent care are the same everywhere you go. Your child's coverage will only pay for emergency and urgent care while your child is out of town or out of state according to the same conditions stated above. This means your child can not get routine care while you are on a trip. Be sure to present your child's Insurance Card to the provider.

Children who spend time away from home will have services paid for if Blue Cross Blue Shield of Wyoming approves the service.

What’s Not Covered

- Acupuncture
- Alternative medicine
- Artificial conception
- Autopsies
- Biofeedback
- Cardiac Rehabilitation
- Chiropractic Care (except for spinal manipulations)
- Complications of non-benefit services
- Convalescent care
- Cosmetic surgery
- Custodial care
- Diagnostic admissions
- Domiciliary care
- Most educational programs
- Environmental medicine
- Experimental or investigational procedures
- Eye care (except as noted under Vision Section)
- Foot care services
- Genetic and chromosomal testing/counseling
- Care provided by government institutions & facilities
- Hair loss
- Hearing aids
- Hospitalizations that are not medically needed
- Hypnosis
- Jail or prison (services received while incarcerated)
- Learning disabilities

- Legal payment obligations
- Medical services as a result of contractual obligations or a third party guarantee to pay
- Services or supplies that are not medically necessary
- Obesity and weight loss services
- Orthognathic (TMJ) surgery
- Items for personal comfort or convenience
- Private duty nursing
- Procedures related to studies
- Prophylaxis/prophylactic medicine
- Radial keratotomy and related procedures
- Report preparation
- Services before or after coverage ends
- Any service not specifically identified in the Subscription Agreement
- Sex change operations
- Subluxation
- Taxes, service or mailing charges
- Temporomandibular joint dysfunction (TMJ)
- Therapies not specifically covered
- Tobacco dependency
- Transplants
- Travel expenses/administrative travel
- Services unrelated to a specific injury or illness
- War, or related to disease or injury arising there from
- Services relating to work-related injury or illness

Blue Cross Blue Shield of Wyoming and Delta Dental of Wyoming will not pay for services that are not authorized by the Kid Care CHIP program. In the event that a parent/guardian agrees to a non-covered service the parent/guardian is responsible for payment in full to the medical or dental provider.

*This is only a brief summary of exclusions and limitations. For a more detailed listing of exclusions and limitations, please refer to the Kid Care CHIP Subscription Agreement.*

**Prevention and Wellness Services**

Prevention and wellness services are an important part of your child's health care. The program provides coverage for physical exams, screenings, diagnostic tests, immunizations and prescription drugs. We encourage you to meet with your child's doctor about your child's health care needs and immunization status. Together you can make sure that immunizations are current and your child's health care needs are met.

***Well-Child Visits and Immunizations***

The program provides benefits for immunizations for all enrolled children. Immunizations can be provided by your child's doctor or the local county public health clinic. Well child visits and immunizations require no copayments.

***Recommended Well-Child Visits***

The following is a recommended list of ages when a child should be seen by a doctor for a well child checkup:

- |               |                      |                      |
|---------------|----------------------|----------------------|
| ◆ Two Weeks   | ◆ Twelve Months      | ◆ Thirty Six Months  |
| ◆ Two Months  | ◆ Fifteen Months     | ◆ Forty Eight Months |
| ◆ Four Months | ◆ Eighteen Months    | ◆ Sixty Months       |
| ◆ Six Months  | ◆ Twenty Four Months | ◆ Seventy Two Months |

***Immunizations***

The program covers routine immunizations according to the schedule of immunizations which is recommended by the American Academy of Pediatrics.

***Physical Exams for Adolescents***

Benefits are provided for routine physical examinations for children over the age of 7, including sports physicals and diagnostic tests. Please access these services through your child's primary care doctor.

Benefits will also be provided for a female enrollee to receive a routine gynecological exam with a pap smear once every 12 months.

**Other Kid Care CHIP Services**

1. Audiology services: hearing exams, including newborn hearing screens in a hospital or outpatient setting, are covered. Hearing aids are not covered.
2. Dialysis -- Inpatient or Outpatient setting.
3. HPV series.

***REMEMBER, you must see a Kid Care CHIP provider in order for services to be covered.***

**If Your Child has to Stay Overnight at the Hospital**

***Getting Approval before your child is admitted to a hospital***

**If you know your child will be going to the hospital, you must call Blue Cross Blue Shield of Wyoming to get approval for the admission. To receive this approval, call 1-800-209-9720. Be sure you have your child’s name and insurance number, the doctor’s name and telephone number and the name and telephone number of the hospital.**

***IF YOU DON'T CALL and ask for this approval, it could result in unexpected expenses to you.***

**What is Covered**

The following benefits are the ones most often used by children. If you need more detailed descriptions of the benefits and have lost or misplaced your copy of of the Subscription Agreement, you can ask for another one by calling Blue Cross Blue Shield of Wyoming at 1-800-209-9720.

**Medical Services**

***Accidents and Illnesses***

Benefits for the diagnosis and treatment of an injury or illness will be provided. A Kid Care CHIP provider must provide such services. The necessary services can be provided in a doctor’s office or hospital.

***Hospital Services***

Medically necessary inpatient and outpatient hospital services are covered if provided in a Wyoming hospital. However, inpatient care that can be appropriately provided on an outpatient basis is not a benefit.

***NOTE:*** Emergency room care is covered ONLY if your child has a life-threatening condition or a severe physical injury. Routine care (non-emergency) received in the emergency room is not a covered benefit.

***Laboratory (Lab) Services***

Diagnostic X-ray and laboratory services are covered ONLY if a Kid Care CHIP provider provides them. X-ray and laboratory services must be ordered by a Kid Care CHIP provider. Please verify with the Kid Care CHIP provider that he/she is sending the x-ray or lab work to a Kid Care CHIP provider or to an authorized specialist.

***Occupational, Speech, and Physical Therapy***

Occupational therapy, speech therapy, and physical therapy are covered up to a combined total of \$750.00 per benefit year. Prior authorization is required for speech and occupational therapy.

***Diabetic Education***

The program pays for outpatient diabetic educational programs.

**Mental Health Services**

***Inpatient Services***

First Level: Services furnished in a hospital, including a state-operated mental hospital, a residential or other 24-hour therapeutically planned structural service, a partial hospitalization program or an inpatient psychiatric facility are covered. We do not pay for room and board at military boot camps, recreational facilities and domiciliary care facilities. Twenty-one (21) days of inpatient mental health benefits are covered per benefit year, (July 1 - June 30 of each year).

Second Level: The second level of benefits provides for an additional nine (9) days of care, for a total of 30 days per benefit year, with pre-approval and case management by Blue Cross Blue Shield of Wyoming. Blue Cross Blue Shield of Wyoming will work closely with the provider to ensure treatment plans are in place and managed.

***Outpatient Services***

First Level: Professional outpatient mental health services are covered up to a maximum of twenty (20) visits per benefit year (July 1 - June 30 each year). These benefits can be furnished in a variety of community based settings or in a mental hospital.

Second Level: The second level of benefits provides for an additional twenty (20) outpatient visits per benefit year (for a total of 40 visits per benefit year). Blue Cross Blue Shield of Wyoming will work closely with the provider to ensure that treatment plans are in place and managed. Providers will have the capability to bill for partial (30 minutes or less) and full (more than 30 minutes) sessions. This capability only applies to the second level of benefits.

The following disorders, as defined by the American Psychiatric Association, will be covered under regular medical benefits. No limits to inpatient or outpatient mental health benefits will be imposed on children diagnosed with:

1. Schizophrenia

2. Schizoaffective disorder

3. Bipolar disorder

4. Major depression
5. Panic disorder

6. Obsessive-compulsive disorder

7. Autism

**Substance Abuse Treatment**

Treatment of substance abuse (for example, alcoholism or drug addiction) is a covered benefit. Services must be provided by a Kid Care CHIP Provider. The following maximums apply:

- ◆ \$6,000 per enrolled child per benefit year for inpatient or outpatient services.
- ◆ \$12,000 per enrolled child per lifetime for inpatient or outpatient services.
- ◆ Once the \$12,000 lifetime full benefit maximum is met, \$2,000 in reduced benefits per benefit year is available.

**Medicine (Prescription Drugs)**

Kid Care CHIP prescription drug coverage is provided to your child through RxCare Wyoming™. Covered prescription drugs include drugs and medication requiring a written prescription and are approved for use by the Food and Drug Administration. In addition, insulin and diabetic supplies are covered.

***NOTE:*** Certain drugs may not be covered or may require prior authorization. Please contact Blue Cross Blue Shield of Wyoming at 1-800-209-9720 for further information.

Prescription drugs are only covered if you go to a participating RxCare Wyoming™ pharmacy listed in the Provider directory. For an up to date listing, you can also log onto [www.wyomingblue.com](http://www.wyomingblue.com) and search under the Pharmacy Guide section of the site. ***You must present your child's Insurance Card to the pharmacist at the time of purchase.***

**Dental Services**

Regular dental services are provided through Delta Dental Plan of Wyoming. See page 17 for additional information.

Kid Care CHIP will also cover dental services if they are the result of an accidental injury to sound, natural teeth. Please contact Blue Cross Blue Shield of Wyoming prior to receiving services.

Kid Care CHIP may also cover surgery centers, hospital and anesthesia charges when a child is 5 years of age or under, and requires the use of a surgery center or hospital for dental related services. Sedation, done in the dentist's office, will be covered up to the age of 8 by Delta Dental. **Prior authorization is required for this benefit.** You must contact BCBSWY before getting any services to make sure it is covered. If you do not get the dental related services authorized before having the services done, you may be responsible for paying the entire bill.

**Lifetime Maximum Benefit**

The lifetime maximum benefit per insured child is \$1 million. If a child is removed from the program for eligibility reasons and at a later date reapplies and is found eligible, the total amount of benefits previously paid will be added to any additional benefits paid during their new eligibility period.

If a child reaches their lifetime maximum no further benefits will be paid and they will be removed from the program at the end of that month. If they reapply again at a later date they will not be eligible since they have met their lifetime maximum on benefits.

**Maternity Care**

The following services are covered:

- Hospital - Inpatient and Outpatient
- Physician - Delivery services, Laboratory and X-ray services
- Pre-Natal Care - We will pay for all approved pre-natal care.
- Family Planning - Pre-pregnancy Family Planning and Prescribed Supplies are covered.

Please review your Subscription Agreement for complete benefit details, limitations and exclusions.